



The Newsletter of Kol HaEmek (Voice of the Valley)

Physical address 8591 West Road -Mailing address P.O.Box 416, Redwood Valley, 95470 Phone: 707-468-4536

Please note: All submissions sent by the 20th of each month to Carol Rosenberg (carolrosenberg@pacific.net)

2017-18 KHE Holiday Schedule 5778

Sunday, September 17, Slichot service, 7:00-9:00 pm,

Wednesday Sept. 20, 7-9 pm, Erev Rosh HaShana Service

Thursday, September 21, Rosh HaShana services, 10 a.m. - 1:00 pm

Children's Service 11-11:45 a.m.

Kiddush will be 1-1:30 pm

Tashlich 2:00 pm,

Potluck Picnic, followed by ceremony led by Janae Stephens at Lake Mendocino, Pomo Day Use Area B. Use Highway 20 to reach the northwest part of the lake. Go past the Pomo roundhouse to the second parking lot; park near the bathrooms and walk toward the lake.

Sunday, Sept 24, 12:00 noon, Women's Mikveh, led by Margo Frank and Karen Rosen, Men's Mikvah, led by Acorn Sunbeam at 2:00 p.m. at Pennyroyal Lake. Meet in the Parducci parking lot to carpool to the lake.

Friday Sept. 29, Erev Yom Kippur, Kol Nidre Service, 7 - 9 pm;

This is the one night of the year we wear a tallit.

Saturday, September 30, Yom Kippur Morning service 10:00 a.m.-2:00 pm;

Children's service 11-11:45 a.m.

Open Torah 4:00 pm followed by Yizkor and through concluding evening service; followed by break-the-fast potluck

Sunday morning October 1, 10:00 am, create a Sukkah. A team of bamboo hunters is needed! Everyone is then invited to decorate our Sukkah!

Wednesday, October 4, 5:30 pm, Sukkot celebration followed by a round-the-table potluck.

Friday, October 13, 5:30 pm, Simchat Torah celebration with dancing and scrolling of the Torah led by Rabbi SaraLeya Schley followed by veggie/dairy potluck.

Portion of the Week and Holidays

September 2 Ki Tetze
September 9 KiTavo
September 16 Nitzavim-Yayelah
September 20 Erev Rosh Ha Shannah
September 21-22 Rosh Hashannah
September 23 Haazinu
September 29 Erev Yom Kippur
September 30 Yom Kippur
October 4 Erev Sukkot
October 5 Sukkot
October 12 Shemini Azereret, Yiskor
October 13 Simcha Torah Bereshrit
October 21 Noach
October 28 Lech Lecha

Opportunities for Tzedakah

Kol HaEmek (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a **number** of funds including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Honoring and Remembrance Board
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon -a Jewish Answer to Hunger

Call: David Koppel, 485-8910

send checks to:

Kol HaEmek, P.O. Box 416, Redwood Valley, CA 95470

We Remember

Tena Marans , September 9
James Meredith, September 9
Ana Mahoney, September 10
Henry Marvin Levin, September 10
Tal Sizemore, September 11
Ida Mann, September 11
Bernard Cohen, September 13
Miriam Markowitz Blatt, September 13
Belle Spiegel, September 18
Jacob Goll , September 17
Sidney Spiegel, September 18
Audry Books Miller, September 18
Abraham Solomon Posner, September 23
Hyman Andich, September 20
Maya Schwartz, October
130 Members of the Stern Family, October 1
Bonnie Springer, October 7
Sylvia Glazer, October 8
Rose Wolf, October 13
Joseph Barr, October 17
Victor Wolff,, October 17
Don Roberts, October 20
Ena Koppel, October 21
Todd Harrison, October 21
Abraham Koppel , October 21
Jean Shirley Kisslinger, October 22
Nancy Parker Orton, October 25
May Meredith, October 28
Freida Elsmann, October 31
Ben Rosen, Elul 12
Philip Kam, Elul 23
Viola Faber, Elul 28
Rae Stanten, Elul 29
Dorothy Cowin, Tishrei 7
Ronald Sisselman, Tishrei 9
Minne Sorkowitz, Tishrei 8
Ida Levetas , Rosh hashannah
Pauline Strauss, Cheshvan 1
Stan Showers, Cheshvan 2

Rosh HaShana 5778 at Kol HaEmek

On July 14, with regret, we said goodbye and wished Rabbis Josh and Daria and their sons good fortune in Maryland. Almost immediately your KHE Board interviewed three amazing candidates to be considered for KHE's next Rabbi. All three came well recommended. At the Board discussion, after the interviews, we all agreed each of them had wonderful things to offer, specific to their backgrounds, training, and interests. Of the three, we offered a contract to Rabbi SaraLeya Schley the candidate that seemed to best meet the needs of our congregation at this time.

Rabbi Schley is unable to commit to a year long contract at this time. She is delighted to serve as our Rabbi this High Holiday season. The Board is very excited to have Rabbi Schley with us and hope all of you will join us for a wonderful holiday experience.

The following are excerpts Rabbi SaraLeya Schley's biography

Rabbinic Career

January 2005: ordained as Rabbi by the ALEPH Rabbinic Program

- Member, OHALAH, Organization of Jewish Renewal Rabbis
- Member, Northern California Board of Rabbis and East Bay Council of Rabbis
- Rabbinical positions:

2008-Current: Chochmat HaLev, Berkeley, CA

2008-2013 Senior Rabbi

2013-2014 Ritual and High Holyday service leader

2014- Current Rabbi Emerita

2016: completion of Wise Aging training curriculum from the Institute of Jewish Spirituality

2017 - current: Participating in the Rabbinic Leadership Initiative at the Shalom Hartman Institute in Jerusalem; to be completed in 2019

Medical Career:

- Board Certification: American Board of Obstetrics and Gynecology, December 1983
- Women's Health Training:
 - Obstetrics and Gynecology Residency July 1977-June 1981:
Yale University School of Medicine, Yale-New Haven Hospital;
Cornell University School of Medicine, New York Hospital.
- Private practice in Obstetrics and Gynecology 1981-1992, 2000-2001
- Inyo County Health Officer, October 1996-September 2000
- Physician, Walnut Creek Women's Health Department, Kaiser Permanente, Diablo Service Area, • Northern California, Sept 2001- April 2015. Retired April 2, 2015.

Counseling training and experience

- 1991-1992 Counseling internship, Jewish Family and Children's Service and Southern Arizona Mental Health Center, Tucson, AZ.
- **Integrative medicine/spiritual counseling**, October 1996-September 2000 Bishop, CA.
- **Pastoral Counseling Advisor, Hospice of the Owens Valley**
- **October 1998: Certified by Academy for Guided Imagery, Mill Valley, CA.**

I wrote this psalm last year to mark Rabbi's Shoshanah's retirement but I'd like to include it in our Shema since it still seems apropos to mark her leaving California and return to Israel:

Sherrie Ebyam

Shoshanah Devorah

The time has come for your leaving
Holding your torch in hand.
It has blazed brightly, shining on our light within.
Grateful for all you've done
But more so for who you are
Thank you for showing me
That there are people like you in this world.
Chant: (2x) Yai-dai-dai-dai-dai-dai
Yai-dai-dai-dai
Yai-dai-dai-Yai-dai-dai
You brought me back
To a love of G-d
To a connection with G-d
Returning to the land of my soul.
I am full of song,
I am full of psalm
Sounds and words of my opening heart,
Keep shining beautiful woman,
This world needs your light.



2017-18 **Kol HaEmek 5778**

Annual Support Information

Please return your membership/High Holiday commitments by September 20, 2017

Mail To: Kol HaEmek, PO Box 416, Redwood Valley, CA 95470

Name _____ and _____

Address _____

City/State _____ Zip _____

Children _____ Birth Date(s) _____

Phone# _____ Email _____

I would like to receive my Shema paper and email or Email only

Annual Support

- \$ 1200+ Benefactor (or \$300 /quarter or \$100 per month)
- \$ 600 Family (or \$150 /quarter or \$50 per month)
- \$ 300 Individual (or \$75 /per quarter or \$25 per month)
- \$ 50 Shema

Extra Fund Support

- Shul Landscaping \$ _____
- Homeless Food Program \$ _____
- Building Fund \$ _____
- Rabbi's Fund \$ _____

Payment Method:

I have included a check or credit card authorization for full payment.

Charge my card **Quarterly** \$ _____ **Monthly** \$ _____

Card type **Visa** or **Mastercard**

Name on Card: _____ Phone: _____

Mailing Address of Card _____

Amount of Charge \$ _____ Todays Date: _____

Card#: _____ Expiration Date _____ 3 digit # on back back _____

Signature of Card Holder _____

Submit names for the Yiskor Memorial List.
(Names will not be carried over from last year

Subject: HEARTLAND: BY M.LEE WACHS

IOWA? North Dakota? IS THAT WHAT HEARTLAND MEANS TO YOU? WELL YEAH! I GUESS IT WOULD;AND MOST TIMES YOU WOULD BE RIGHT, AND UP TO YOUR NECK IN EARS OF CORN AND BUSHELS OF WHEAT. BUT! IN THIS INSTANCE LET'S TRAVEL DOWN THE NECK TO YOUR HEART, THE CORE OF YOUR BEING;YOUR METAPHORICAL HEART.

LETS ASK IT A QUESTION.

WHERE ON THE PLANET DOES THIS HEART TRULY WANT TO BE?

WELL! BUBBA! MINE REPLIED; "IT SURE AS HELL AIN'T North Dakota";NOTHING WRONG WITH THAT PLACE MIND YOU;JUST NOT WHERE THIS PARTICULAR HEART WANTS TO BE.

I KNOW A HEART THAT WOULD BE MORE THAN CONTENT TO FOREVER BE UP IN THE CLOUDS YANKING AND BANKING WITH THE JOYSTICK OF A 1500 HORSEPOWER North American T-28 TROJAN TRAINER. ANOTHER HEART, ONE MORE TREASURED THAN MY OWN, WAS MOST HAPPY WHEN CARING FOR THE SICK,AND IT MATTERED NOT IF HUMAN OR CRITTER.

YET ANOTHER FINDS ITSELF MOST AT HOME IN THE MIDST OF A PLACE WHERE IT'S NOT UNCOMMON TO HEAR THE SOUNDS OF HATE AND DESTRUCTION FROM INCOMING KILLER MISSILES, SUICIDE BOMBERS, AND NEIGHBORS THAT WANT TO WIPE HER LITTLE PIECE OF REAL ESTATE OFF THE MAP.

THAT HEART IS NOT OF A SOLDIER, BUT OF A WOMAN IN HER SEVENTH DECADE.

BRIGHT,WORLDLY AND EDUCATED, THIS WOMAN'S COUNTENANCE RADIATES CONTENTMENT AND TRANQUILITY AMIDST THE POTENTIAL CHAOS. SHE KNOWS WHERE HER HEART WANTS TO SPEND ITS REMAINING YEARS; ISRAEL.



Photo's from our August Musical Service,
Rabbi Shoshanah, Robin, Sigrid and Leila dancing
on the Shul deck

Karen and Tony making music with Nancy and Rabbi
Shoshanah singing.

Sara and her mother.



Know Your Community

The following is an interview with Kol HaEmek member, Elizabeth Raybee. If you would like to be featured here, please contact Susan Sher @ ssher@pacific.net

I was born in **Detroit, Michigan in 1954. I have lived in Mendocino County since 1995.** My favorite places in Mendocino County are **the woods during mushroom season; the Eel and Russian Rivers for summer swimming; and Emandal Farm.**

I give back to my community by **putting on fund-raisers for Kol HaEmek and the arts community; organizing and leading mural projects in the schools; and singing at community events with the Raging Grannies and the Emandal Chorale.**

I am thankful that **I live in a county with so much political, artistic and spiritual openness and acceptance.**

I am most proud of **my daughters and two grandsons.**

My fondest childhood memory is **my mom making up stories in which my siblings and I were the characters.**

My heroes and heroines are **Leonard Cohen, Ferron, Elizabeth Warren and Bernie Sanders.**

Friends would describe me as **talkative, artistic and fun.**

If I could do something over, **I would do fewer hurtful things to my mom during my youth rebellion in my teens and early 20's.**

I get the greatest joy from **my art; singing; dancing; and having conversations with friends and family.**

The historical figure I most identify with or admire is **Isadora Duncan because of her free spirit, her ability to dance, shock and be a leader.**

I worry about **the direction this country and the world is taking, i.e., how greed and unregulated economics could divide and conquer us and overcome our communal ability to appreciate our various forms of art, religion and culture.**

My favorite writer of the moment is **Barbara Kingsolver.**

A talent I'd like to have is **the ability to react more slowly when I get upset.**

The most memorable trip I ever took was **in 2004 when I visited my daughter Delilah in the Peace Corp in Ukraine and then I also went to Amsterdam, Greece, Italy and Turkey where I'd love to return some day.**

If I have learned one thing, **it is to expect the unexpected.**

My best parenting advice is **that our children "are the sons and daughters of Life's longing for itself. They come through you but not from you, and though they are with you yet they belong not to you." (With attribution to Kahlil Gibran.)**

I absolutely cannot live without **making art; having some way of expressing myself visually; and my friends and family.**

I have been most inspired in my life by **music, writing, art and LSD (not necessarily in that order).**

One thing I wish I could change about the world is **that there would be less greed and more openness.**

I wish more Jews would **be like Mendocino County Jews; i.e., more open, accepting and inclusive.**

Something people would be surprised to know about me is **that I'd eat anything except white bread and sea cucumbers!**





Kol Ha Emek MCJC-Inland
P.O. Box 416,
Redwood Valley, CA 95470

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our Jewish connections with ourselves and our homes, within our community and the world.

- To provide space for religious study and prayer.
- To share life cycle events through meaningful Jewish traditions
- and sponsor Jewish education for all ages
- To be inclusive of all partnerships and family configurations
- To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for *Tikkun olam* (healing the world) as a community through socially just actions and and by Mitzvot)
- To offer to our membership in exchange for financial and other contributions and allow all to participate regardless of the ability to pay

Kol HaEmek Information & Resources

Kol HaEmek

(707) 468-4536

Board Members

Sherrie Ebyam -President	530-414-1104 < ebyam@sbcglobal.net >
Bob Mandel - Vice President	696-2712 < bobLXVII@hotmail.com >
David Koppel -Treasurer	485-8910 < davekoppel@yahoo.com >
Carol Rosenberg - Secretary	463-8526 < carolrosenberg@pacific.net >
Nancy Merling,	456-0639 < nancymerling@att.net >
Barbara Stanger	234-3261 < aurnaenterprises@gmail.com >
Moses Sunbeam	228-9980 < moses_sunbeam@gmail.com >
Karen Rifkin	391-9299 < Karenrifkin@gmail.com >

Brit Mila: Doctor for referral to a Mohel Robert Gitlin D.O. (465-7406),

Chevra Kadisha (Jewish Burial)) Helen Sizemore (367-0250)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-5351)

Rabbinical Services/Special Ceremonies: to be announced