



The Newsletter of Kol HaEmek (Voice of the Valley)

Physical address 8591 West Road -Mailing address P.O.Box 416, Redwood Valley, 95470 Phone # 707-468-4536

Please note: all submissions sent by the 20th of each month to Carol Rosenberg ([carolrosenberg@pacific.net](mailto:carolrosenberg@pacific.net))

### COMING EVENTS

**Monday, Nov. 3, 6:30 pm**, KHE Board meeting at the Koppel home.

**Friday, Nov 7, 6:30 pm, (note: this is first Friday of November) Kabbalat Shabbat** with Shoshanah, followed by veggie/dairy potluck. We need a host.

**Saturday, Nov. 15, 10 a.m., Shabbat morning service** with Shoshanah for folks of all ages-essential for Shul School families. Host needed for kiddush and motzie.

**Friday, Nov. 21 (note: this is third Friday of month)**  
**4:30 pm, Shul School** - teacher: Jay Joseph  
**6:30 pm, Round-the-Table Shabbat** - We need host.

**Monday Dec. 2, 6:30 p.m.** KHE Board meeting at the Koppel home.

**Friday, Dec. 5, 6:30 (note: this is first Friday of December) . Kabbalat Shabbat** and potluck with R. Shoshanah. We need a host.

**Sunday, Dec. 20, 4:00 p.m.**, KHE Hanukkah Party at the Posner home, 1060 N. Pine Street, Ukiah.

**Wednesday, Dec. 24, 7:00 pm----**see at right!

**Sunday, December 20, 4:00-7:00 pm:**

### **The KHE Hanukkah Party**

Candle lighting and potluck at the home of Isa, Ziven and Alyson Posner, 1060 N.Pine Steet, Ukiah, 3rd house from the corner north of Low Gap Rd. Bring 7 candles along with your Hanukkiah. Break out your best latke recipes or bring whatever food you'd like to share for the holiday. For folks of all ages. Don't forget to bring your musical instruments!

**Wednesday, December 24, 7:00 pm:**

### **Christmas Eve at the Shul**

Our Jewish comedy film and Chinese takeout dinner have been so popular that we're going for it again, with a new film this time. \$15.00 per person, children under 13 free - send your reservation and payment to David Koppel, P.O. Box 416, Redwood Valley, CA 95470, 485-8910. Prior reservations a must to calculate how many fortune cookies we'll need.

*Note: Dinner will be served at 7, followed by the film.*

## ***Opportunities for Tzedakah***

**Kol HaEmek** (the Voice of the Valley) is funded by your member dues as well as your generous contributions to a **number** of funds including

- 1) Building Fund
- 2) Religious School Fund
- 3) Scholarship Fund
- 4) General Fund
- 5) Memorial Board Fund
- 6) Tzedekah Fund
- 7) Rabbi's Discretionary Fund
- 8) The Marion and Sanford Frank Fund for feeding the hungry in Ukiah and Willits
- 9) Mazon -a Jewish Answer to Hunger

Question? Call:

**David Koppel, 485-8910**

**send checks to:**

**Kol HaEmek, P.O. Box 416,  
Redwood Valley, CA 95470**

We wish the Gitlin family well in their new home in Sebastopol and acknowledge their long and integral connection with our KHE community. Lots of memories. You will indeed be missed!

All good wishes for rapid and complete healing to Margo Frank after ankle surgery.

## ***Portion of the Week and Holidays***

November 1 - Lech Lecha  
November 8 - Vayera  
November 15 - Haya Sara  
November 22 - Toldot  
November 27 - Thanksgiving  
November 29 - Vayetze  
December 6 - Vayishlach  
December 13 - Vayeshev  
December 16-24 - Hanukkah  
December 20 - Mikketz  
December 27 - Vayigash

### **We Remember:**

Maurice Marans - November  
Estelle Koppel - November 5  
Norman Feldman - November 14  
Doris Rogers - November 16  
Solomon Glazer - November 19  
Dane Wilkins - November 19  
Cynthia Suffel - November 23  
Robert Leo Kisslinger - November 27  
Jane Gurko - November 29  
Abraham Cohen - Heshvan 12  
Sanford (Fritz) Frank - Heshvan 25  
Lillian Rothchild - Heshvan 28  
Myra Cohen - Kislev 6  
Milton Rosen - December 4  
Evelyn Rapport-Cohen - December 6  
Mark Kinze Molgaard - December 12  
Chaim Rayberg - December 10  
Ephraim Coren - December 14 ,Tevet 14  
Max Schecter - December 15  
Joseph E. Suffel - December 16  
Esther Pelter - December 19  
Esther Elberg - December 23  
Myra Cohen - Keslet 6  
Louis Jonas - Keslet 10  
Leon Horowitz - Tevet 3

**Donations to Kol HaEmek for August and September 2014,  
Many, many thanks!**

Bruce Andich and Cassandra Andich  
Louisa Aronow and Sandy Turner  
Ace Barash and Satoko Barash  
Lynne Cohen and Charles Hott  
Judith M. Corwin  
Harvey Frankle and Jackie Pelner-Frankle  
Steve Frenkel and Nan Breaden Frenkel  
Cassie Gibson and Chris Gibson  
Janet Gurvitch  
Dan Hibshman and Leslie Kirkpatrick  
Jay Joseph and Jennifer Joseph  
David Koppel and Linda Koppel  
Robert Mandel  
Nancy Horowitz Moilanen, David Moilanen and Elisa Ma  
Linda Posner  
Carol Park and Steve Park  
Norm Rosen and Karen Rosen  
Susan Sher  
Helen Sizemore  
Laurie Spence and Dale Harrison  
Penny Walker and Irwin Feldman  
Richard Yusem and Rachel Arama Yusem  
Maralyn Lowenheim  
Joan Katzeff and Paul Katzeff  
Stuart Marcus and Tara Lesley Marcus  
Charlotte Rapport and David Rapport  
Stephen Pasternak and Elizabeth Pasternak  
Jo-ann Rosen  
Charles Seltzer and Lark Letchworth  
Erika Strong and Douglas Strong  
Carol D.Rosenberg  
Margo Frank and Marc Levine  
Reid Edelman and Deborah Stanger Edelman  
Darline Bergere and Josh Bergere  
Steve Levin and Joan Levin  
Susan Juster and Rachel Juster  
Andy Coren and Yvonne Coren  
Carol Orton  
Bud Roseman and Silvana Roseman  
Sherrie Ebyam and Carol Orton  
Leslie Batz and Daniel Wentworth  
Shari Epstein and Tom Jacobson  
Sara Esserman-Melville and Anthony Esserman -Melville  
Bela Goldberg, Joel and Betty Goldberg  
Lee Wachs  
Vergilia Dakin  
Barbara Stanger and Leo Stanger



**Your Business or Service  
Information could go here**

\$10/month Business Card

(approx. 2" x 3 1/4 ")

\$1/month 1 line

Individuals are encouraged to use this service if they would like to let others know about something. If interested, please contact David Koppel at 485-8910, [davekoppel@yahoo.com](mailto:davekoppel@yahoo.com)

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Dear KHE Chaverim,

'Twas the day of the eve of Succot and the time had come around once again to construct my succah. I'd grown up celebrating the holiday in our reform temple, where I'd always loved the beautifully decorated succah that sat inside our upstairs social hall. I didn't even know that in our era there was such a thing as an outdoor home succah. In fact, I never even had occasion to sit in a succah until I was already married. It was while living in Jerusalem that I became a serious annual succah builder. It took a couple of years' experimentation, and design help from a draftsman friend, to come up with a succah that really worked. This meant there was not only room for a table and chairs, but also for the outdoor bed that I slept on back in those days.

Moving to Boulder, Colorado, meant that the bed got eliminated - my succah spot was not private enough to feel safe sleeping there, and Boulder weather meant it could easily snow during the holiday. But it was in Boulder that I started building my succah upon the shade canopy frame given to me by my dear friend Peter. Peter was visiting from California, where we'd met decades earlier, and he'd decided that the canopy frame was no longer essential to his car camping trips. It was perfect for my succah. That was fourteen years ago, and it's seen service as a succah ever since, first in Seattle and now all these years in Ukiah. It has sentimental value for me too, not only holding all the sweet memories I have of succah sitting over the years, but also because Peter, just my age, is no longer alive.

Despite my long association with this special frame, I have never been adept at assembling the various pieces of it, and the written directions disappeared quite a while back. Luckily for me, a Ukiah friend who is good at this sort of thing and also has a generous nature, has put the frame together for many years now. At first, the two of us would assemble it together, but then came the year when he said it was simply easier for him to do it by himself. So now I come home a few days before Succot starts, and find the erected frame awaiting my decorative abilities.

First thing I do is string rope across the top to hold the branches I'll be using for the "schach." Then I take my clippers and cut the new branches which have emerged at the base of the redwood trees surrounding my house (my landlord cuts them back annually, and we have a deal that he'll wait till after Succot to do that). Feels apt to be succah sitting under redwood fronds here in California. So I carry them back to the succah and carefully place them on the ropes I've strung. Next I hang the Indian and African spreads that serve as the walls of the succah, first clamping them on top to the frame, and then pinning their sides to each other to have a continuous enclosure. That pretty much does it.

This year, I woke up tired on construction day, and each step took longer than usual, with lots of indoor rest breaks from the outdoor heat. I always look forward to assembling the succah, but this year my fatigue really turned my efforts into a challenge as much as a delight. It was mid-afternoon when I finished, but I decided to add two more ropes to underpin all the schach and keep it from drooping down too much. As I finished tying the last knot, the entire succah suddenly collapsed in on itself! The schach was now about three feet above the ground, and one of the metal corner poles had buckled! Nothing like this had ever happened before. I couldn't even begin to lift the schach and try to raise the apparatus. It was obvious that just as I had aged over the years, so had the metal frame. I had taped together two struts that had become disconnected, and that hadn't held. Plus already last year, because of worn out parts, we'd eliminated the flexible metal rods which had formed a stabilizing dome over the roof of the succah.

What to do now? I could appreciate the farcical aspect of what had happened, and yet the situation was critical, with only two and a half hours to dinner, which I had not yet begun to prepare. I phoned one friend who came right over, took a look, and admitted he didn't have a clue what to do. I called the friend who has put up the frame every year, and he soon appeared with drill in hand. I refused his advice to then and there go buy a new frame. He then charged us to remove all the schach (which we did) and take apart all the spreads (which I couldn't bear doing after having spent all that time pinning them together). My solution at that point was to disappear into the house to start cooking, and leave it to the men. I cooked like a fiend, trying to get everything ready in time, and when I finally took a look outside, lo and behold, the succah was up and operational and beautiful. I was SO grateful. Dinner was delicious, and I hope my five guests enjoyed themselves as much as I did.

My rescuing angel declared that he will never attempt to assemble this succah frame again. I think my week in the succah was even sweeter than usual knowing that this particular incarnation of a succah will never happen again. And the classic Succot metaphor of the flimsy succah was really brought home to me this year (God is our true home, not anything we construct). And the aging, unstable, buckling succah frame collapsing from too much weight teaches my aging self to gauge wisely to what and how I commit myself.

Plus someone had mentioned to me just before I began to assemble the succah that her inlaws no longer even attempt to build their succah by themselves, but call upon their grandchildren for help. Well, mine are a little too young and too far away for that. But I recognize that I don't need to attempt it all on my own. I can invite help, and delight in our joint efforts from the beginning. "I get by with a little help from my friends, I get high with a little help from my friends, Going to try with a little help from my friends." L'Shanah HaBaa'h

B'shalom oovrachah, Shoshanah

### **Fruit Cobbler** (Good warm or cold in a Sukkah or at a Hanukkah party)

ingredients:

2-2 1/2 cups fruit  
2 cups flour  
1 1/2 cup sugar  
4 tsp baking powder  
1 1/2 sticks of butter  
1 1/2 - 1 3/4 cups milk  
1/4 teaspoon cinnamon

Barely melt butter, place in bottom of a 13"x9" baking pan/or a square pan.

Whisk together flour, sugar, baking powder, and cinnamon. Add milk, stir, pour over butter.

Spread fruit over the top.

Bake for 55 minutes at 350 degrees

Note: If you are using non-gluten flour add 1 1/2 zanthan gum

## **In My Opinion by *Carol Rosenberg***

It has been my responsibility to serve with Sigrid White as your President for the past four months. I'm delighted to say Sherrie Ebyam and Bob Mandel will take over November 1. Please forgive me as I take the this opportunity to share two of my concerns: one about our congregation and one concerning us and our larger community.

1. Attendance and community participation at Kol HaEmek events has been abysmal. We were delighted and relieved to have more than 25 adults and children attend our recent Simchas Torah celebration. This was an improvement on Sukkoth. Also we missed many of you on Yom Kippur day. Blessings on Mo Sunbeam and Steve Levin, who constructed the Sukkah and Sara Esserman-Melville and Nancy Merling, who decorated the structure. However, when I asked for volunteers to dismantle the Sukkah no one volunteered. I need to find funds and a contractor to assemble the soon-to-be play structure at the Shul because I know it will be much too difficult for me to assemble a volunteer crew.

Folks, what happened to the community that came together to make the Shul happen? Yes, we are older; yes many of us are grandparents, not parents of young children. Yes we have other interests; this does not completely explain the loss of interest and apparent apathy. What is wrong? Please e-mail me or other members of the board. Or send an unsigned letter to PO Box 416 Redwood Valley 94570. We need to know why you are not interested and choose not to participate in Kol HaEmek activities.

2. Our congregation, as many others, has been involved for years in providing either lunches or dinners to the hungry and homeless. Bless Cassie Gibson and Dan Hibshman and the others for their years of service. Our volunteers keep asking, "When will we be able to continue to feed the hungry?" The answer is probably December 1.

As many of you know Ford Street closed the Buddy Eller Homeless Shelter this summer and currently there is no shelter for the unfortunate members of our community who have no place to call home. I have been working with an ad hoc community group to find a replacement shelter. We found a potential location on South School Street and the City put a great deal of effort in writing an eight-page report that said absolutely no. The City will not consider any location other than the Buddy Eller building. The Ford Street Agency spent two years saying they did not have sufficient funding to continue providing a shelter. Fortunately, the City of Ukiah and the County Board of Supervisors have finally accepted the lack of a shelter as their problem. The County will now fund repairs to the bathroom facilities at the Buddy Eller building and the City and County will share the cost of running a shelter from approximately December 1 to the end of March. That is, if the County or their contractor can provide mental health services. If all this comes together it means our volunteers can go back to providing a meal a month or more for four months. There is no guarantee this facility will be available the rest of the year, or even next winter. The Ford Street Agency and Board have made it clear they only want to serve specific groups of people in need, not the needy in general and that includes those that have mental health issues.

This is a concern to us the Jewish community since one of our members is currently in need of this service and as Jews we are our brothers' (and sisters') keepers. Please consider being involved. Speak to your City Council members and supervisors. In addition to a shelter for the vulnerable we also need a safe parking or camping area with porta-potties and dumpsters for those that cannot be served at a shelter. You can't keep asking people to move and charge them with trespass if there is no place to go!



**Kol Ha Emek MCJC-Inland**  
**P.O. Box 416,**  
**Redwood Valley, CA 95470**

Our purpose is to create an environment in which Jewish culture, religion and spiritual life can flourish, to perpetuate and renew our Jewish connections with ourselves and our homes, within our community and the world.

- To provide space for religious study and prayer.
- To share life cycle events through meaningful Jewish traditions
- and sponsor Jewish education for all ages
- To be inclusive of all partnerships and family configurations
- To include interfaith families and Jews-by-choice
- To network with other Jewish communities
- To educate and share our culture with other Mendocino County residents
- To be a foundation for *Tikkun olam* (healing the world) as a community through socially just actions and and by Mitzvot)
- To offer to our membership in exchange for financial and other contributions and allow all to participate regardless of the ability to pay

## **Kol HaEmek Information & Resources**

### **Kol HaEmek**

**(707) 468-4536**

### **Board Members**

David Koppel, Treasurer	485-8910 < <a href="mailto:davekoppel@yahoo.com">davekoppel@yahoo.com</a> >
Nancy Merling,	456-0639 < <a href="mailto:nancymerling@att.net">nancymerling@att.net</a> >
Carol Rosenberg	463-8526 < <a href="mailto:carolrosenberg@pacific.net">carolrosenberg@pacific.net</a> >
Sherrie Ebyam	530-414-1104 < <a href="mailto:ebyam@sbcglobal.net">ebyam@sbcglobal.net</a> >
Mark Levin	467-9037 < <a href="mailto:mlevin@pacific.net">mlevin@pacific.net</a> >
Bob Mandel	696-2712 < <a href="mailto:bobLXVII@hotmail.com">bobLXVII@hotmail.com</a> >
Sigrid White	272-1859 < <a href="mailto:sigridwhite@gmail.com">sigridwhite@gmail.com</a> >
Barbara Stanger	234-3261 < <a href="mailto:aurnaenterprises@gmail.com">aurnaenterprises@gmail.com</a> >

Brit Mila: Doctors willing to do circumcisions in their office or your home; Robert Gitlin D.O. (465-7406), Sam Goldberg (463-8000; Jeremy Mann (463-8000)

Chevra Kadisha (Jewish Burial): Helen Sizemore (462-1595)

Community support: Willits, Divora Stern (459-9052), Ukiah, Margo Frank (463-1834)

Interfaith Council: Cassie Gibson (468-535; (415)-777-4545, (887)777-5247

Rabbinical Services/Special Ceremonies: Rabbi Shoshanah Devorah (467-0456) [sdevorah@gmail.com](mailto:sdevorah@gmail.com)

Tzdakah: Fund (Financial Assistance) David Koppel (485-8910)